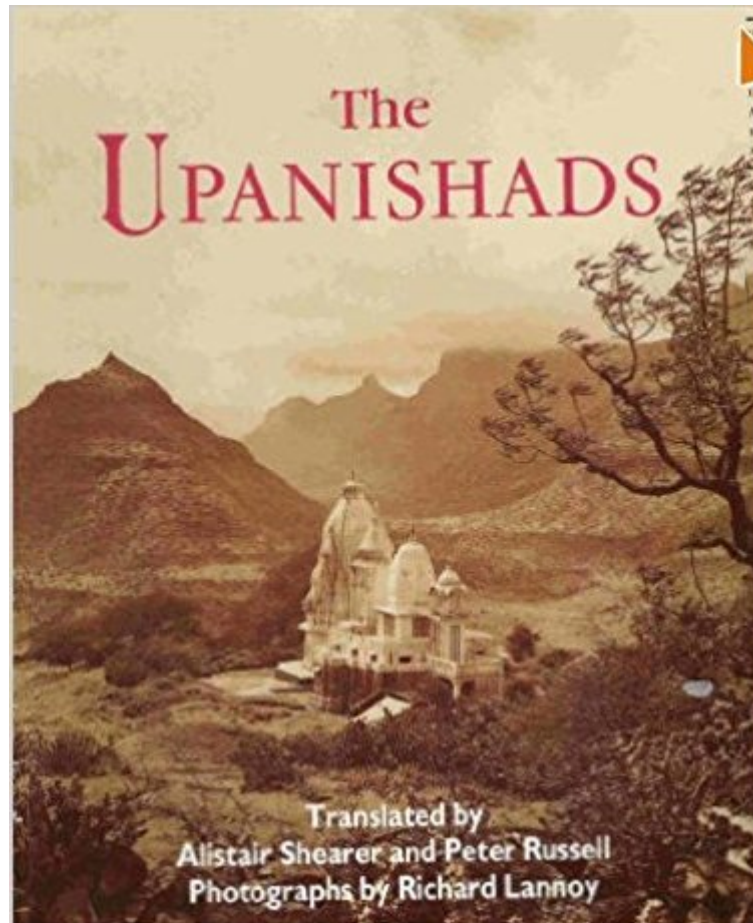




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# **The Upanishads (Mandala Books)**



## Synopsis

The Upanishads are the oldest and clearest expression of the perennial philosophy that is the inner core of all the great religions. Passed down by word of mouth for five thousand years, they teach of an absolute and unified field of intelligence that underlies and permeates all creation. This divine ground is our own nature, and to bring our lives into conscious harmony with it is the ultimate purpose of human existence. This lucid translation captures both the poetry and the precision of the original, rendering accessible an extraordinary body of spiritual wisdom as never before. Speaking from the depth of the everlasting NOW, the Upanishads make the mind soar and the heart sing, and point the soul to freedom. --This text refers to an out of print or unavailable edition of this title.

## Book Information

Series: Mandala Books

Paperback: 105 pages

Publisher: Harpercollins; New edition edition (February 1990)

Language: English

ISBN-10: 0044405219

ISBN-13: 978-0044405214

Product Dimensions: 8.5 x 0.4 x 10.7 inches

Shipping Weight: 14.1 ounces

Average Customer Review: 4.5 out of 5 stars 6 customer reviews

Best Sellers Rank: #1,410,318 in Books (See Top 100 in Books) #69 in Books > Religion & Spirituality > Hinduism > Sacred Writings > Upanishads #2104 in Books > Reference > Encyclopedias & Subject Guides > Religion #3134 in Books > Religion & Spirituality > Other Eastern Religions & Sacred Texts

## Customer Reviews

Text: English (translation)

The Upanishads are the oldest and clearest expression of the perennial philosophy that is the inner core of all the great religions. Passed down by word of mouth for five thousand years, they teach of an absolute and unified field of intelligence that underlies and permeates all creation. This divine ground is our own nature, and to bring our lives into conscious harmony with it is the ultimate purpose of human existence. This lucid translation captures both the poetry and the precision of the original, rendering accessible an extraordinary body of spiritual wisdom as never before. Speaking

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This would be a great Upanishads book for anyone to enjoy. Whether a first time reader [the language is clear and simple] or for a long time admirer of great Vedantic wisdom [the language is smooth and poetic, the commentary is wise and enlightening]. There are, of course, many available translations of the more well known Upanishads. Some of the best, IMO, include those by Swami Nikhilananda [4 volumes with brilliant explanations] and by Eknath Easwaran [a must-have for the lover of Vedanta]. But-- this little edition by Shearer and Russell holds its own completely as a presentation of the ever-wise Upanishadic Wisdom in all its glory. These are the teachings that make the Vedanta 'the eternal way.' From this edition here is an example from the Isha Upanishad: "The One Self never moves, yet is too swift for the mind. The senses can not reach It, It is ever beyond their grasp. Remaining still It outstrips all activity, yet in It rests the breath of all that moves. It moves, yet moves not. It is far, yet It is near. It is within all this and yet without all this. He who sees everything as nothing but the Self, and the Self in everything he sees, such a seer withdraws from nothing. For the enlightened, all that exists is nothing but the Self, so how could any suffering or delusion continue, for those who know this Oneness."

Finally getting around to doing a review on this awesome book. Wish I had run across this book back in 2000, when I was going through a huge kundalini opening that opened me up to the unknown outside of living a memorized life in the head. Nobody was talking about Oneness experiences in any of the psychology or consciousness books I'd been reading, so when I had my experiences of it, I dismissed them, only to have to realize years later when listening to the teachings of Adyashanti and Mooji and others

great book, good format, Super editorial Team. Great support from vendor. so good product, good timing, good price.

found this to be repetitive and was bored at times would of like a clearer imagery of really what was going on.

Well written commentary. Provocative selections. Transformative. I am thankful for this book.

The Upanishads are the oldest works of philosophy and spirituality ever written. This compact version allows one to bring this spiritual wisdom with them anywhere. Tracey L. Ulshafer, author "Butterfly"

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